

T&Cs

As these terms and conditions may be updated from time to time, you should check regularly to make sure you are aware of the up-to-date current version.

Using our site

Our website is maintained for your personal use and viewing. Access and use by you of this site constitutes acceptance by you of our Terms and Conditions, which take effect from the date of first use.

Permitted use

You are not permitted to use this website other than for the following, private, non-commercial purposes: (i) viewing this website; (ii) contacting a TRIBES to make an appointment; (iii) reviewing/changing appointments; (iv) contacting TRIBES with a valid enquiry; (v) enquiring about classes; (vi) transferring to other websites through links provided on this website; and (vii) making use of other services that may be provided on the website and documentation available for download.

The use of automated systems, software or any form of data mining to extract data from this website or for commercial purposes, ('scraping') is strictly prohibited unless the third party has directly concluded a written licence agreement with TRIBES.

Disclaimer

TRIBES denies all liability for any loss or damage resulting (either directly or indirectly) from access to and/or use of this web site, or the use of information and materials contained on it or any linked web site.

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Although we have taken all reasonable steps to provide you with access to adequate and reputable content, we make no representations as to its accuracy or the accuracy of any information contained in associated or linked sites.

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Please be aware that TRIBES is not responsible for the practices of other websites.

Physical activity

Any physical activity videos displayed on this website are for information purposes only and not to be interpreted for specific plans. Any exercise instructions and advice presented are in no way intended as a substitute for proper consultation.

TRIBES disclaims any liability from, and in connection with, physical activity videos displayed on this site. As with any exercise video, if at any point whilst participating you feel faint, dizzy, or experience physical discomfort, you should stop immediately and consult a medical practitioner.

Comments, reviews and/or feedback

When leaving comments, reviews and/or feedback, you agree to their publication on our website.

Also, you agree that the material you submit is not obscene, offensive, inappropriate, deliberately intended to upset other users, or otherwise illegal.

Furthermore, you acknowledge that the TRIBES moderator will oversee comments, reviews and/or feedback, and that the moderator reserves the right not to publish any comments, reviews and/or feedback deemed to be unsuitable for publication on our website.

Virus protection

We make every effort to check and test material at all stages of production. It is always wise for you to run an anti-virus program on all material downloaded from the Internet.

We cannot accept any responsibility for any loss, disruption or damage to your data or computer system which may occur whilst using material derived from this website.

